MICHIGAN STATE

Extension



PLAYTIME WITH MS. PATTI Thursday Morning

Absolutely FREE !!

Wednesday Evenings Feb 3-24 From 11:30-12

Registration Link: <u>https://msu.zoom.us/</u> <u>webinar/register/</u> <u>WN YqNk9 HZTpSbbFiRY</u> <u>Wk3IA</u>



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We know that children have to learn to sit up before they can walk, we know they'll usually crawl before they can run. These are typical developmental milestones that we expect to see in a predictable sequence.

PlayTime with Ms. Patti, is a FREE five week virtual playgroup for children 5 and under and the adults in their lives. The group will cover the importance of play in early childhood, skills children learn through play, and why play is critical to a child's development. This virtual playgroup is designed to support parents with videos, discussion, and of course playing with young children. Activity kits will also be provided to help support play at home. Ms. Patti will share with parents how actively playing with their children supports self-development of social-emotional and foundational academic skills.

Pre-Registration is Required A link to join PlayTime with Ms. Patti will be sent after registration is completed.

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Registrants will receive a free Activity Kit after attending their first session !

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Social – Emotional

During play children are able to practice their verbal and non-verbal communication skills, respond to peers feelings, experiment with the roles of people in their home, school and community and experience others points of view while working through conflicts. Play increases children's social competence. Play supports emotional development by providing a way to express and cope with feelings. Children are able to work through situations where they have rules or other prohibitions during play. They can learn to control emotional responses by reenacting frightening or scary experiences.

SENSORY PLAY

Sensory activities can be designed to support a desired skill such as fine motor skills, math skills or literacy skills. Sensory play facilitates exploration and encourages children to use the scientific process as they play, explore, discover and create.

<u>STEM</u>

Children learn much more when they are "handson" in their world. Allowing children to get dirty, to explore, observe, predict, and experiment is science for young children. These explorations lay the foundation for future understanding of more complex science problems. The scientific process simplified for young children involved observation, prediction, experimentation and finally Interpreting the data.

Mindfulness

Once children begin to establish a little bit of self control they can be taught methods of working through angry feelings in a more controlled way; one that keeps themselves, and others, safe. In this stage they begin using physical activity to assist with a release of emotions – a more appropriate substitute for aggression.

Imaginary Play

There are many ways we can support children's imaginary play. The purpose of pretend play is an way to understand emotions, cognitive and language development as well as increase the child's awareness of their self.

Family Game Night

Spending time as a family with out screen's maybe a challenge for some but vital for all. Take the time to content with your children at very stage of their development support their lifelong success.



Social Skills

What is being learned through play?



Gross Motor Skills



Cognitive Skills



Fine Motor Skills